

ESSAY PLANNING BOOKLET

AQA
A Level
2025 spec

Memory

Sample Copy - Not all pages are included

Marie Buckley

A LEVEL
PSYCHOLOGY
TUTOR

Thank you for downloading this resource – I hope you find it useful!

Most students find essays daunting, but I'm here to show you how straightforward they can be when you understand how to approach them.

I think of essays as Lego puzzles, you simply 'click' the pieces together. These are not like the essays you'd write for English or History. There's no need for an introduction, a conclusion, or even your opinion. You're simply 'clicking' together your memorised AO1, AO2 (when needed), and AO3 content.

If you've already completed your Topic Summaries, these can double up as mini essay plans, helping you ensure that all the key terms needed to hit the mark scheme are covered. There is a strategic approach to tackling essays, and by completing this booklet, you'll be well on your way to becoming an expert by the time your exams arrive.

By staying organised and approaching the A-level Psychology course systematically, you can avoid missing any content and this will enhance your preparation for those all-important exams.

Good luck!

Marie

Other resources for AQA A-level Psychology which you may find useful are:

- PowerPoint Lessons
- A* Evaluation booklets
- Cornell Notes booklets
- Topic Summaries
- Revision Activities booklets
- Essay Planning booklet
- Topic Essays

Essay Titles

Essay title	Page	Marks	AO2	Done
Outline and evaluate research into coding of memory.	4	8	No	
Outline and evaluate research into capacity of memory.	5	8	No	
Outline and evaluate research into duration of memory.	6	8	No	
Discuss research into the features of the different memory stores.	7	16	No	
Outline and evaluate the multi-store model of memory.	8	16	No	
Discuss the multi-store model of memory. Refer to the information above in your answer.	9	16	Yes	
Discuss the working memory model include reference to coding and capacity.	10	16	No	
Discuss the working memory model. Refer to Ben's behaviour in your answer.	11	16	Yes	
Outline and evaluate interference as an explanation for forgetting.	12	16	No	
Outline and evaluate retrieval failure as an explanation for forgetting.	13	16	No	
Discuss retrieval failure and interference as explanations for forgetting. Refer to Clare's drama performance in your answer.	14	16	Yes	
Discuss leading questions as a factor affecting the accuracy of eyewitness testimony.	15	16	No	
Discuss post event discussion as a factor affecting the accuracy of eyewitness testimony.	16	16	No	
Outline and evaluate the effect of anxiety on the accuracy of eyewitness testimony.	17	16	No	
Discuss how the cognitive interview can improve the accuracy of eyewitness testimony.	18	16	No	

Title	Outline and evaluate research into coding of memory. (8 marks)
AO1 3 marks	
AO3 5 marks	
AO3	

Title	Discuss research into the features of the different memory stores. (16 marks)
AO1 6 marks	
AO3 10 marks	
AO3	
AO3	

Title	Outline and evaluate the multi-store model of memory. (16 marks)
AO1 6 marks	
AO3 10 marks	
AO3	
AO3	

Title	Most phone PINs are 4 digits long and are easy to remember. In contrast, most debit card numbers are 16 digits long. Most people would not be able to remember their debit card number unless they were able to say it to themselves several times without interruption, but they can remember their phone PIN. Discuss the multi-store model of memory. Refer to the information above in your answer. (16 marks)
AO1 6 marks	
AO2 4 marks	
AO3 6 marks	
AO3	

Marie is the current Head of Psychology at a Top 10 School in the UK and also a private tutor. She is a qualified teacher with an MSc Psychology, MBA and LLB (Hons) Law degree. She has authored for the Psychology Review magazine and has presented at A Level student conferences. She loves helping students achieve their potential by creating high quality resources - that work!

For free study advice and more resources visit
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